Strive For Five

Dear Parents,

Something we have been trying in our classroom is the “Strive for 5” Strategy.

It’s a way to have longer conversations with our kids in order to get them talking more.

Here is how it works.

The first example (A) shows how conversations can be stopped by questions or short comments.

Example A: Child says “My car is fast” OR Child says “My car is fast”
Adult says “Ooh, what color is your car?”
Child says “Red”
Child continues playing silently

Example B: Child says “My car is fast”
Adult says “Ooh, where are you going in your fast car?”
Child thinks and says “I’m going to the store”
Adult says “Cool, what are you going to buy there?”
Child says “Toys”

Notice how the conversation in ‘Example B’ was much longer and could go on for even more than five turns if time allows.

Stretching our children’s conversations makes them better communicators at home and at school.

This activity requires no preparation, materials or planning, simply talking with your child and takes very little time and effort to do.

Good luck and have fun!